

Saturday 19 th December	Sunday 20 th December	Monday 21 st December
Morning: Make some mince pies	Morning: Write a letter to someone, you haven't spoken to in a while	Morning: Write down your favourite recipe and send it to a friend.
Afternoon: Watch a favourite film	Afternoon: Sip on a hot chocolate	Afternoon: Make some paper snowflakes

Tuesday 22 nd December	Wednesday 23 rd December	Thursday 24 th December
Morning: Take a variety of photographs on the theme 'Winter'	Morning: Make a table centrepiece	Morning: Read 'Twas the night before Christmas'
Afternoon: Make some biscuits and share them with a neighbour.	Afternoon: Go for a walk or drive and spot the different decorations around your neighbourhood.	Afternoon: Sing some carols or attend an online Christmas concert

Friday 25 th December	Saturday 26 th December	Sunday 27 th December
Morning: Put on some of your favourite music and dance around your kitchen.	Morning: Sit and look out of the window, draw what you can see.	Morning: Make a bird seed ornament for the birds to eat https://www.countryliving.com/diy-crafts/how-to/a3549/how-to-make-bird-seed-ornaments-1210/
Afternoon: Zoom call someone you won't see face to face this Christmas- play spot the difference with your background, as you change it around whilst they aren't looking.	Afternoon: Guess the football scores and compare with a friend over the phone. 3 points for the correct score, 1 point for correct result.	Afternoon: Go for a walk or out in the garden and spot three things that make you smile.

Monday 28 th December	Tuesday 29 th December	Wednesday 30 th December
Morning: Make some potpourri	Morning: Write a thank you note for your postal worker.	Morning: Make a list of things you would like to do in the next year.
Afternoon: Go for a walk and collect some stones.	Afternoon: Paint messages of hope of to the stones you collected yesterday.	Afternoon: Put the stones you created in different places for people to find on their walks.

Thursday 31 st December	Friday 1 st January	Saturday 2 nd January
Morning: Write a poem about the year ahead.	Morning: Plant a clematis in a pot or in your garden.	Morning: Challenge yourself to move more today, how many times can you walk up and down your stairs or how many times can you throw some socks in an empty bin in a row?
Afternoon: Hold a themed afternoon- have lunch and decorate the house specifically linked to the theme. Possible themes could be Spain, 1920's or even Casino Royale.	Afternoon: Have a pamper afternoon with face masks and smoothies.	Afternoon: Make some chutney

Sunday 3 rd January
Morning: Draw a self-portrait of how you would like people to see you.
Afternoon: Make some marbled paper ready for the gift giving throughout the year.